

# Executive Health Assessment

## Identify potential issues early so you can get ahead of them

A **Wellness Institute Executive Health Assessment** provides a detailed and comprehensive picture of baseline health and the changes needed to minimize emerging risks. This in-depth assessment is conducted by a physician and team of health experts, with a focus on:



### comprehensive testing & analysis

Evaluates current health status and lifestyle



### early detection

Identifies potential issues early to get ahead of them



### customized intervention

Provides a plan to minimize or eliminate personal health risks

## The information and support to adjust the course of employee health

Much more extensive than a typical annual check-up, our assessment provides quality time with a physician and health experts in which health information is gathered at one time, and reviewed in one place. The full head-to-toe examination may include:



History & Physical



Cancer Screening



Psychological Screening



Pulmonary Health



Vaccinations



Nutrition Review



Visual Health



DEXA Scan & Resting Metabolic Rate



Functional Movement Exercise Testing



Cardiac Health



V02 Max



Auditory Health



Trust Us for Your Preventive Health Strategy

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